



Fern Creek Optimist 14 & Under League Rules



1. **Game Ball:** 29.5 inches, or size 7
2. **Game Clock:** 6 minute quarters with a running clock
 - 2.1. Clock stops on:
 - 2.1.1. Time outs
 - 2.1.2. Injuries
 - 2.1.3. All whistles during the last minute of each half
 - 2.2. Clock runs during free throws except for the last minute of each half.
3. **Mercy Rule:** Up by 20 points or more, running clock except for injuries.
4. **Half Time:** 3 minutes
5. **3 Pointers:** KHSSA rules
6. **3 Second Lane Violation:** KHSSA rules
7. **Free Throws:** KHSSA rules
8. **Backcourt Press:** Allowed the 2nd half
 - 8.1. Not allowed if up by 15 points or more